



Hugh Rogers State President

November 2011

Congratulations to Seniors Recreation Council of WA State Office for being named as a Finalist in the Western Australian Sport and Recreation Industry Awards 2011 in the category of "Community Event Award" and to SRC Peel Branch in the category of "Sport & Recreation to Regional WA".

It is a good feeling to be recognized by a panel of your peers for work that is done in and around Western Australia. The Award presentation is due to take place on the 25th November at Challenge Stadium.

Be Active Aged Care Games Peel Branch

Tuesday 11th October saw us at the Waroona Recreation & Aquatic Centre, for the Peel Be Active Aged Care Games. What a fantastic day it was with over 180 Seniors in Care excited by the opportunity to spend the day taking part in specifically designed activities. The events and staff event were all played with enthusiasm not to mention laughter at the Staff event. The teams this year, made an extra effort to decorate their teams area and dress up in colourful uniforms.

The volunteers on the day worked very hard in putting together the playing area, also scoring the teams and all the tea & coffee facilities provided for the day. Congratulations to all participants, to the SRC Peel Branch for the organisation and especially to the volunteers. The lunch provided for the volunteers was a sumptuous feast and all volunteers enjoyed it. A special mention and thanks to the Alcoa volunteers who worked very hard helping all the contestants move around the playing area they did a great job.

Congratulation to Mandurah Community Care-Mens' Club for taking out first place with 311 points they received the Gold medals and the Perpetual Trophy, Silver Chain Mandurah Day Centre who came second with 299 points they received Silver medals and

Coolibah Total Caring 1 who came third with 266 points, they received Bronze medals. Also congratulations to The Musketeers, RAAFA McNamara Lodge for being presented with the Best Presented Team Plaque.

On Sunday 23rd October the Centre for Cerebral Palsy celebrated its 60th Anniversary with a festival at Yokine Reserve. It was a wonderful event with many activities and lots of entertainment throughout the afternoon. SRC was very happy to have been able to offer advice throughout the planning of the event and to make available some marquees for their use on the day.

Congratulations to Jan Williams from the Centre for Cerebral Palsy for coordinating such a wonderful event and to her team of helpers.

Remember “Find thirty minutes of physical activity everyday for good health”