



## President's Jottings

# Seniors Recreation Council of WA Inc.



Hugh Rogers State President

## January 2019

Welcome to 2019 I hope everyone had a wonderful break over Christmas and New year and I look forward to an exciting year with all WA Seniors.

### 2018 Peel Volunteer of the Year – Congratulations, Jan McGlinn.

Jan McGlinn, Seniors Recreation Council of WA, Peel Branch President, is the Peel Volunteer of the Year for 2018. Congratulations Jan, on behalf of Seniors Recreation Council this a well-deserved award for all the work Jan does in the Peel region on behalf of Seniors Recreation Council and all the other organisations that Jan is involved in and for all the organisations Jan has previously worked with in the Peel region over many years. This award is wonderful recognition for everything Jan has done for Seniors in the Peel Region.

### Thank You Lottery West

Seniors Recreation Council of WA gratefully acknowledges the invaluable support of a major grant from Lotterywest towards Have a Go Day 2018, a LiveLighter Event in Burswood Park, presented by Hon Mick Murray MLA. Lotterywest supports local community organisations and events via income from Lotterywest sales. Keep the money in WA and support local events and organisations by purchasing Lottery tickets from your official Lotterywest outlet.

### The LiveLighter Aged Care Games in Great Southern

The LiveLighter Aged Care Games in Great Southern were held on Thursday 29th November at the Albany Leisure and Aquatic Centre.

A huge vote of thanks to our Vice President Phil Paddon and his wife Pat who made the trip from Perth to facilitate the games with assistance from the Albany Region Over 50's Recreation Association. Five teams took part in a range of games which have been modified especially for seniors in care. It was great to have the facilities staff who enthusiastically support the participants and theme their teams for the day. The teams were very competitive on the day and there was also lots of laughter, cheering and shaking of hands amongst the teams. SRCWA thanks and acknowledges the support from the Albany Region Over 50's Recreation Association who volunteered helping to set up and officiate on the day. A vote of thanks goes out to local photographer Bob Symons, his wife Thelma and fellow photographer Malcom who

helped cover this event. State Vice President Phil Paddon welcomed the teams and introduced City of Albany Deputy Mayor Greg Stocks to open the Great Southern LiveLighter Aged Care Games. Entertainment was provided by Merv and Hugh “The 2 Premiers” who provided a medley of songs throughout the event. In third place was Denmark Health Service “Blue Wrens, second place Bethel Aged Care and in first place Walpole Stars. Best dressed team was Bethel Vikings our oldest competitor on the day Yvonne McVeigh who is 99 years young.

### **SRCWA Rockingham Branch Christmas Concert.**

On Tuesday 4th December, SRCWA Rockingham Branch held their 2018 Christmas Concert at the Gary Holland Community Centre, a full house was treated to an afternoon of Christmas Carols and entertainment by Eddie Storm OAM, Kelly Green & Gwenda Uren. During the concert the audience enjoyed a delightful afternoon tea and had great fun winning all the raffle prizes.

Congratulations to Valma Sulc and the Rockingham Branch committee and volunteers for an excellent Christmas Concert.

### **Key Diary Dates for 2019**

- 29th March.....Healthy Lifestyles Expo 2019, Leisure Fit Melville
- 5th June .....Annual Seniors Ball, Astral Ballroom, Crown Perth.
- 17th April .....Rockingham Have a Go Day, a LiveLighter Event,  
Aqua Jetty, Warnbro Sound Ave, Warnbro
- 10th to 17th November .....WA Seniors Week
- 13th November .....Have a Go Day, a LiveLighter Event,  
Burswood Park, Great Eastern Highway, Burswood

**For details of events and programs run by Seniors Recreation Council of WA visit our website [www.srcwa.asn.au](http://www.srcwa.asn.au)**