



**Seniors Recreation
Council of WA Inc.**

PATRON:
The Honourable Kim Beazley AC,
Governor of Western Australia



Have a Go Day

A LiveLighter Event

Wednesday 11th November 2020

Burswood Park 9.00am to 3.00pm, Great Eastern Highway

Free Activities and Information day for over 50's

Be Prepared to "Have a GO"

Featuring Activities, Clubs/Groups, Seniors & Commercial Agencies

08 9492 9773 www.srcwa.asn.au

Free tea, coffee & bottled water available all day

Food Vendors in attendance.

Remembrance Day Observance Ceremony.

● FREE Shuttle Bus Service Burswood Train Station ● FREE Parking at Crown and Surrounding Carparks ●



Timed Activities

Crown Perth Site 15

See site for details

Esperanto League of WA Site 129

10am, 11.10am, 12noon, 1pm, 2pm

FLUKEZ - Ukulele Group Site 145

10.00am-10.20am, 11.10am-11.30am, 12 noon-12.20pm, 1.00pm-1.20pm, 2.00pm-2.30pm

Football West Site 65

9am-9.30am, 10am-10.25am, 11.30am-12noon, 12.50pm-1.20pm, 2.10pm-2.40pm

Free Spirit Dance and Wellness Site 107b

9.00am-9.20am, 11.10 – 11.30am, 12.10pm-12.30pm, 1.30pm-1.50pm

Have a Go Day Official Walk Site 92

11.10am

Have a Go News Site 101

See site for details

Heart Foundation Site 49d

11.05am (official walk)

Hora Shalom Site 30a

9.15am - 9.35am, 11.50am - 12.10pm

Hospitality Tent - HAGN - Channel 7 Site 101

See site for details

Hot Hula Fitness Site 43

9.50am-10.10am, 11.10am-11.30am, 12.10pm-12.30pm, 1.00pm-1.20pm, 2.00pm-2.20pm

Ingenia Gardens	Site 17
9.30am-9.50am, 11.10am - 11.30am, 12.10pm-12.30pm, 1.10pm-1.30pm, 2.10pm-2.30pm	
Jazz Club of WA (Inc.)	Site 86
9.20am-9.40am, 12noon – 12.20pm, 2.00pm-2.20pm	
Jazz Club of WA (Inc)	Site 92
Site 92 - 11.10am – 11.40am, 1.30pm - 2.00pm	
Jim Sings Country.....	Site 92
12.20pm – 12.50pm	
LiveLighter Healthway Activities	Site 48b
10am-10.20am, 11.10am-11.30am,12.10pm-12.30pm, 1pm-1.20pm	
Mad Tatters	Site 29b
11.10am - 11.30am, 12.10 - 12.30pm	
Official Welcome	Site 92
10.30am	
Over 55 Walking Association Inc.....	Site 85
11.10am Official Walk	
Pole Walking – SRCWA.....	Site 49c
10am, 11.10am, 12noon, 1pm, 2pm	
Retstappers.....	Site 30b
10.05am - 10.25am, 12.40pm – 1.00pm, 1.35pm - 1.55pm, 2.25pm - 2.45pm	
Seniors Line Dancing.....	Site 106
9.55am-10.20, 11.50am-12.10pm, 1.10pm-1.30pm, 2.30pm-2.50pm	
Silver Star Wanda’rers	Site 51
9.20am-9.40am,11.35am-11.55am, 12.30pm-12.50pm,1.30pm-1.50pm, 2.30pm-2.50pm	
Southern Plus	Site 78
10.00am-10.20am, 11.10am-11.30am, 12.00pm-12.20pm,1.00pm-1.20pm, 2.00pm-2.20pm	
Square Dance Society of WA inc	Site 107a
9.30am-9.50am, 11.30am-11.50am, 12.40pm-1.00pm, 1.50pm-2.10pm	
Terry Bennetts	Site 92
2.05pm-2.50pm	
WA Boomerang Association Inc	Site 34
9am, 10am, 11.10am, 12noon, 1pm, 1.50pm, 2.30pm	
WA Bush Poets & Yarnspinners Assn.....	Site 90
10.00am - 10.20am, 1.00pm – 1.20pm	
WA Police Pipe Band	Site 92
11.45am-12.15am	
Yogzeit Ltd.....	Site 19
9.00am - 9.20am, 10.am-10.20am, 11.40am – 12.00noon, 12.40pm-1.00pm, 1.40pm – 2.00pm	

Please note all information correct at time of publication.

Activities Throughout the Day

ADAPTED TENNIS

Pickleball Perth Site 115a

ART & CRAFTS

Trinity School for Seniors Site 146

Alibabe's Scrappin' Hearts..... Site 121

BOOMERANG THROWING

WA Boomerang Association Inc Site 34

BRAIN TRAINING

Act Belong Commit..... Site 13a

Mentally Healthy WA..... Site 13a

CANOEING

DLGSC Camps Site 114

Paddle WA - Gold Paddling..... Site 114a

CARD COLLECTING

WA Card Collectors Society Inc Site 137

CHOCOLATE WHEEL

Have a Go News..... Site 101

CROQUET

East Fremantle Croquet Club Site 115

DISC BOWLS

Association of Caravan Clubs WA Site 36

FLORAL ART

West Australian Floral Art Society Inc Site 13d

GEMSTONES

Australian Facetors Guild (Perth Group) Site 100b

WA Lapidary & Rockhunting Club..... Site 100a

INTERACTIVE ACTIVITIES

Carers WA - CCD Team Site 5

Channel 7..... Site 134

Crown Perth Site 15

Ingenia Gardens Site 17

Perth Social Meetup..... Site 35d

Relationships Australia WA..... Site 108

Royal Life Saving Society WA..... Site 148

Southern Plus Site 78

Western Social Club Site 35d

MEDIEVAL ACTIVITIES

Society for Creative Anachronism – SCA..... Site 45

ONSITE BROADCASTING

Curtin FM..... Site 149

PETANQUE

Petanque WA..... Site 67

PICKLEBALL

Pickleball Perth Site 115a

PISTOL SHOOTING

West Australian Pistol Association..... Site 94

POLE WALKING

Seniors Recreation Council of WA (SRCWA) Site 49

REMEMBRANCE DAY

Victoria Park - South Perth RSL Sub-Branch Site 91

Kelmscott Pinjarra 10th Light Horse Memorial Troop Inc Site 80

ROCK CLIMBING

Climbing Wall..... Site 37

STAMP COLLECTING

Philatelic Society of WA..... Site 26

TECHNOLOGY

AZN Digital Ambassadors Site 102

Be Connected Site 102

NBN Australia Site 102

Tech Savvy Seniors Site 102

Technology for Ageing & Disability WA..... Site 3

TRI SHAW CYCLING

Cycling Without Age..... Site 96

WALKING

Council on the Ageing WA (COTA WA)..... Site 32

Over 55 Walking Association Inc..... Site 85

WALKING FOOTBALL

Football West Site 65

WOOD TURNING

Gosnells Woodturning Assn of WA Site 38



Have a Go Day 2020

A 'LiveLighter' Event

Wednesday 11th November

Burswood Park, Great Eastern Hwy



DRESS TO PARTICIPATE



LEGEND

- Information & entry barrel
- Official opening
- Refreshments *Free Tea, Coffee and Water, compliments of Have a Go News*
- Refreshments
- Food
- Toilets
- First Aid
- Site Number
- Music Based Activity
- State Emergency Service
- Free Fresh Water