



**Seniors Recreation Council of WA Inc.**

PATRON:  
The Honourable Kim Beazley AC,  
Governor of Western Australia



# Have a Go Day

A LiveLighter Event

**Wednesday 11th November 2020**

Burswood Park 9.00am to 3.00pm, Great Eastern Highway

**Free Activities and Information day for over 50's**

**Be Prepared to "Have a GO"**

*Featuring Activities, Clubs/Groups, Seniors & Commercial Agencies*

**08 9492 9773 [www.srcwa.asn.au](http://www.srcwa.asn.au)**

Free tea, coffee & bottled water available all day

Food Vendors in attendance.

Remembrance Day Observance Ceremony.

● FREE Shuttle Bus Service Burswood Train Station ● FREE Parking at Crown and Surrounding Carparks ●



## Health Checks

### HEARING

Bloom Hearing Specialists .....	Site 59
Hearing Australia.....	Site 113
Lions Hearing Clinic .....	Site 74
Specsavers Audiology .....	Site 140
Star Hearing Consultants .....	Site 147

### SUN SMART

Cancer Council of WA- Sunsmart Van.....	Site 12
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### GENERAL HEALTH

Black Swan Health.....	Site 64
Curtin University - Healthy Living Clinic .....	Site 72
MercyCare.....	Site 125
Southern Plus .....	Site 78
Stroke Foundation .....	Site 119

### STRENGTH AND BALANCE

Injury Matters .....	Site 61
Stay on Your Feet.....	Site 61

Please note all information correct at time of publication.



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A 'LiveLighter' Event

Wednesday 11th November

Burswood Park, Great Eastern Hwy



## DRESS TO PARTICIPATE



### LEGEND

- Information & entry barrel
- Official opening
- Refreshments *Free Tea, Coffee and Water, compliments of Have a Go News*
- Refreshments
- Food
- Toilets
- First Aid
- Site Number
- Music Based Activity
- State Emergency Service
- Free Fresh Water