



Hugh Rogers State President

NOVEMBER 2020

**HAVE A GO DAY, A LIVELIGHTER EVENT,
IN BURSWOOD PARK, WEDNESDAY 11TH NOVEMBER 2020 “
AGE IS NO BARRIER” REMEMBRANCE DAY 9AM TO 3PM**

Have a Go Day, a LiveLighter Event is an activity/information day for over 50's, at the event there will be a wide range of information and activities, something for everyone.

As this years event falls on Remembrance Day, the Official Welcome, 10.30am, will include the Ode and Still for Remembrance Day and a welcome by Minister Mick Murray MLA. The Victoria Park/South Perth and Districts RSL sub Branch will be in attendance along with 10th Light Horse Kelmscott/Pinjarra Group and WA Police Pipe Band, come and join us in acknowledging our service personnel on the day.

There will be a wide variety of activities to have a go at, a few of these are, Boomerang throwing, walking football, Trishaws for Seniors, Lazer Pistol Shooting, range of dance activities and more, also remember to keep hydrated at the hospitality tents providing free tea, coffee & bottled water for participants. The entertainment line-up throughout the day will include, the WA Police Pipe Band, country music artist Terry Bennetts, The Jazz Club of WA and a variety of other artists, this year the Entertainment Stage is sponsored by a new Sponsor Ingenia Gardens.

All Covid - 19 safety requirements will be adhered to including advice on social distancing, hand sanitization provisions and extra space provided to enable Seniors to enjoy the opportunity to once again enjoy an event in the beautiful grounds of Burswood Park, Great Eastern Highway, Burswood.

Seniors Recreation Council of WA gratefully acknowledges the invaluable support, especially in these difficult times, of a major grant from Lotterywest towards Have a Go Day 2020, a LiveLighter Event in Burswood Park, presented by Hon Mick Murray MLA. Lotterywest supports, local community organisations, especially during Covid-19, via income from Lotterywest sales, support this by purchasing Lottery tickets from your official Lotterywest outlet.

Have a Go Day, a LiveLighter Event would not be possible without support from our partner LiveLighter Healthway and our major media partners Have a Go News, 882AM 6PR & Channel 7 to whom SRCWA is very grateful.

SRCWA wishes to also express a huge thank you to all our valued Sponsors & supporters who provide the means with which to make Have a Go Day, a LiveLighter Event possible, our Sponsors are: Burswood Park Board, Lotterywest, Crown Perth, Have a Go Newspaper, LiveLighter Healthway, Dept of Local

Government, Sport & Cultural Industries, Dept. of Communities, Channel 7, Channel Seven's Home in WA, 882AM 6PR, Studio TwentySix Photography, Telstra, Ingenia Gardens, Phoenix Insurance Brokers, Curtin Radio 100.1fm, Kings Tours & Travel, The Hire Guys & Scarborough Toyota.

HUGH ROGERS APPRECIATION LUNCHEON

On Wednesday 30th of September 2020, following SRCWA's Annual General Meeting 65 invited guests attended the official Thank You and appreciation luncheon to celebrate Hugh Rogers's contribution to Western Australian Seniors as he retired as SRCWA State President. "Mr Rogers" as he is affectionately known, began his time with the Council in 1992 as a volunteer, he came on board to organise an indoor bowls tournament and as they say the rest is history and what a history.

Throughout his service and dedication to SRCWA he held the roles of, State President, Treasurer, Accredited Volunteer, Mentor and Friend.

Hugh was instrumental in securing core funding and sponsorship to assist SRCWA to develop and produce its wide portfolio, he also played an integral part in expanding the Branch network.

He also played an integral part in growing a wide range of the programs and events and guided SRCWA to a position of being a highly respected organisation in WA.

SRCWA would like to extend a vote of Thanks and appreciation to Hugh for the many years of support and guidance he provided.

SRCWA LIVELIGHTER AGED CARE GAMES

The SRCWA LiveLighter Aged Care Games for the Peel region were held on Tuesday 13th October 2020 at the Pinjarra Recreation and Aquatic Centre.

Thanks to the efforts of WA Government, Health Workers and the Community at large we now find ourselves in an enviable position which allows us to once again to hold these amazing and much appreciated events.

SRCWA Peel Branch president Jan McGlenn OAM and her group of dedicated volunteers were supported by Alcoa volunteers to help present an event for seniors in care which was enjoyed by all.

The games were opened by Robyn Clarke Member for Murray-Wellington and the MC for the day was SRCWA State President Phil Paddon.

Local legend Eddie Storm OAM provided our entertainment and had people up dancing and enjoying his performance... Thank you Eddie and Vee.

Best presented team on the day was Baptistcare Graceford Facility "Mad Hatters Tea Party", in third place was Quambie Park 1, second place was Bedingfeld "Deck of Cards" and first place by a small margin was Quambie Park 2. Our oldest competitor on the day was 100 years young, May Elvard, from Bedingfeld. SRCWA thanks and acknowledges the hard work by the team from Alcoa Australia Staff, SRCWA State Branch volunteers and SRCWA staff who helped to make this a most enjoyable event for the participants and such a great success.

The SRCWA Peel Branch LiveLighter Aged Care Games supported by LiveLighter Healthway, Government of WA, Alcoa and the Shire of Murray. Remember Live_Lighter by eating a rainbow of Fruits and Vegetables.

SRCWA BE CONNECTED SENIORS TECH EXPO

SRCWA as part of the Be Connected network held a Technology Expo on 23rd October 2020. The theme this year was “now is the time to get online”, we had seventy-six seniors who enjoyed the presentations from various exhibitors in attendance. Through the Good Things Foundation SRCWA was fortunate to secure a Be Connected Grant, which enabled SRCWA to run a very successful event.

Participants enjoyed a healthy and delicious lunch as well as tea coffee and water at the event.

Our grateful thanks go to the organisations and Government Departments who supported this event, which helped to introduce and encouraged the participants to the wonders of being online. A big thank you to the SRCWA staff and volunteers who worked very hard to facilitate this event

For details of events and programs run by Seniors Recreation Council of WA visit our website www.srcwa.asn.au