



President's Jottings

Seniors Recreation Council of WA Inc.



Hugh Rogers State President

OCTOBER 2020

**HAVE A GO DAY, A LIVELIGHTER EVENT,
IN BURSWOOD PARK, WEDNESDAY 11TH NOVEMBER 2020 “
AGE IS NO BARRIER” REMEMBRANCE DAY 9AM TO 3PM**

Have a Go Day, a LiveLighter Event is an activity/information day for over 50's, at the event there will be a wide range of information and activities, something for everyone.

As this years event falls on Remembrance Day, the Official Welcome, 10.30am, will include the Ode and Still for Remembrance Day and a welcome by Minister Mick Murray MLA, Victoria Park/South Perth RSL sub group, a fly past, Poppy Drop, weather permitting, 10th Light Horse Kelmscott/Pinjarra Group, WA Police Pipe Band and bugler for the Last Post come and join us in acknowledging our service personnel on the day.

There will be a wide variety of activities to have a go at, a few of these are, Boomerang throwing, walking football, Trishaws for Seniors, Lazer Pistol Shooting, range of dance activities and more, also remember to keep hydrated at the hospitality tents providing free tea, coffee & bottled water for participants. The entertainment line-up throughout the day will include, the WA Police Pipe Band, country music artist Terry Bennetts, The Jazz Club of WA and a variety of other artists, this year the Entertainment Stage is sponsored by a new Sponsor Ingenia Gardens.

All Covid - 19 safety requirements will be adhered to including advice on social distancing, hand sanitization provisions and extra space provided to enable Seniors to enjoy the opportunity to once again enjoy an event in the beautiful grounds of Burswood Park, Great Eastern Highway, Burswood.

Seniors Recreation Council of WA gratefully acknowledges the invaluable support, especially in these difficult times, of a major grant from Lotterywest towards Have a Go Day 2020, a LiveLighter Event in Burswood Park, to be presented by Hon Mick Murray MLA. Lotterywest supports, local community organisations, especially during Covid-19, via income from Lotterywest sales, support this by purchasing Lottery tickets from your official Lotterywest outlet.

Have a Go Day, a LiveLighter Event would not be possible without support from our partner LiveLighter Healthway and our major media partners Have a Go News, 882AM 6PR & Channel 7 to whom SRCWA is very grateful

SRCWA wishes to also express a huge thank you to all our valued Sponsors & supporters who provide the means with which to make Have a Go Day, a LiveLighter Event possible, our Sponsors are: Burswood Park

Board, Lotterywest, Crown Perth, Have a Go Newspaper, Dept of Local Government, Sport & Cultural Industries, Dept. of Communities, LiveLighter Healthway, Channel 7, Channel Seven's Home in WA, 882AM 6PR, Studio TwentySix Photography, Telstra, Ingenia Gardens, Phoenix Insurance Brokers, Curtin Radio 100.1fm, Kings Tours & Travel, The Hire Guys & Scarborough Toyota.

Please see the full lift out for Have a Go Day, a LiveLighter Event in the Seniors Week lift out which is included in this edition of Have a Go News.

Further information is available by calling 9492 9771.

JOONDALUP LIVELIGHTER AGED CARE GAMES

The 17th Joondalup LiveLighter Aged Care Games were held on Monday 7th September 2020 at Bouncer Sports Centre. Although the number of teams this year were very much reduced, the games were lots of fun and the teams that attended really had a good time.

SRCWA State President Phil Paddon officially opened the event and was MC for the games and did a great job, instructing the volunteers and managing the games, thanks Phil.

Jim and Jenny's Country provided entertainment before the games and at lunchtime, many thanks Jim and Jenny for their wonderful entertainment.

The Best presented team on the day was RAAFA Red Devils- Vivianne Bullwinkle. In third place was Umbrella Red Roses, second place was RAAFA Red Devils and first place was Umbrella Sunflowers. Our oldest competitors on the day a sprightly 97 year old, Maria of Umbrella Blue Iris's.

SRCWA thanks and acknowledges the hard work by volunteers from SRCWA, Over 55 Walking Assn, Square dancers and individuals who helped to make this memorable event a great success.

Thank you to the Supporters LiveLighter Healthway and Government of Western Australia for making this event possible.

SRCWA ANNUAL SENIORS "HIGH SOCIETY" BALL 16TH SEPTEMBER 2020, ASTRAL BALLROOM, CROWN PERTH

Despite having to be postponed due to Covid-19, the SRCWA Annual Seniors "High Society" Ball was well attended with 190 people in attendance. Seniors who attended the event were appreciative to have such a beautiful venue to come together and enjoy themselves. SRCWA acknowledges the hard work and commitment of the McGowen Government in getting our community to the position where we are able to facilitate events like the Annual Seniors Ball during the Covid-19 pandemic.

SRCWA State President Phil Paddon welcomed everyone and introduced Mr Brad Jolly, Assistant Director General Dept of Communities who addressed the audience on behalf of the Hon Mick Murray MLA, Minister for Seniors and Ageing; Volunteering; Sport and Recreation.

Our Special thanks go out to Crown Perth and its staff who ensured all the current requirements around Covid were maintained and provided a lovely three course afternoon tea served individually to all participants.

During the afternoon tea break we were treated to a floor show by "Moira J. Scott – Patsy Cline Tribute", thank you, Moira for a captivating performance.

Our live dance music was presented by “Satin Doll” Thank You! a perfect compilation of dance music throughout the afternoon.

Thank you to our sponsors, Crown Perth, Have a Go News, Government of Western Australia, Casey Australia Tours, and Studio Twenty Six Photography without your continuing support the High Society Ball would not have been possible.

SRCWA thanks the hard work of its volunteers and staff who make these successful events possible. Thank you to Sarah, Kate and Danni for manning the Studio Twenty Six Photo booth and Martin our photographer who this year provided his photographic services and covered the cost of free 6 x 4 prints.

For details of events and programs run by Seniors Recreation Council of WA visit our website www.srcwa.asn.au