



Hugh Rogers State President

SEPTEMBER 2020

HUGH ROGERS, RETIRING STATE PRESIDENT.

After 29 years volunteering with SRCWA Hugh Rogers is retiring from the position of State President which he has held for 19 years. Hugh joined SRCWA early in 1992 initially he came onboard to organise an indoor bowls competition and remained ever since. During his time with SRCWA he also held the position of Treasurer and then onto the position of State President. Hugh has been instrumental in growing SRCWA to include the Branch network, introduced Pole Walking and Exergaming programs, he was also heavily involved in developing Have a Go Day, Aged Care Games, Activity Information Days, Tech Savvy Seniors Program and other events and programs which service WA's seniors and encourage them to embrace SRCWA's ethos of "Healthy Ageing Through Activity". Through Hugh's tireless leadership, vision, innovation and initiative, and with the strong dedication of SRCWA's Accredited Volunteers this organisation has grown to its current position of influence and high standing.

SRCWA would like to express its gratitude and appreciation for all the years of dedication Hugh has given to SRCWA and to the WA seniors.

SRCWA is happy to announce that Phil Paddon (formerly SRCWA Vice President) has taken on the role of State President as we move forward into the future.

LIVELIGHTER METROPOLITAN AGED CARE GAMES

A fine but cold morning saw teams from Perth's Metropolitan Aged Care facilities take part in the Annual Metro LiveLighter Aged Care Games held at the Belmont Oasis on the 13th August 2020. SRCWA Executive Officer Dawn Yates welcomed everyone then handed over to Cr Phil Marks (City of Belmont Mayor) to officially open the Metro LiveLighter Aged Care Games for 2020. Our newly appointed State President Mr Phil Paddon was our MC for the games and he explained to the volunteers how to play the games and then invited all the participants to come and have a go.

Teams competed in a range of games which were organised and facilitated by staff and volunteers from SRCWA. It was amazing to see people well into their 90's willing to Have a Go at Seated Hockey, Pass Ball, Bean Bag Toss and Skittles.

The team taking out First Place was "Aegis Balmoral Belles & Bulls", Second Place "Ritcher Lodge Village People" and was closely followed in Third Place by "Umbrella True Blue Team". Our oldest competitor at the games was 96-year-old Antonia Petridov from the "Umbrella True Blue Team". Best presented team

was “Ritcher Lodge as The Village People” who went to a lot of trouble theming the whole team wearing tradesman clothes, medical uniforms, police officer and every day, outfits.

Our thanks go out to the volunteers from The Over 55 Walking Association, and Square Dance group who helped set up, pack down and officiate at these games, a special thank you to participating centers staff who train and support participants. It was pleasing to see people observing personal hygiene, physical distancing practices and enjoying the games while being mindful of current pandemic requirements.

Many thanks to our entertainment by Jim and Jenny, everyone loved the music and sang along.

As you will see from some of the images participants had a great day and there were smiles all round thank you Gideon and Martin for your photographic skills.

Thank you to LiveLighter Healthway and Dept of Local Government, Sport & Cultural Industries for Sponsoring the LiveLighter Aged Care Games events.

Participants in attendance voiced their thanks to SRCWA for facilitating the LiveLighter Aged Care Games.

And remember in line with our Sponsor LiveLighter Healthway, eat a rainbow of colours in every meal to LiveLighter.

HAVE A GO DAY A LIVELIGHTER EVENT, “NOW OPEN FOR REGISTRATIONS” 11TH NOVEMBER 2020, REMEMBRANCE DAY

The Have a Go Day event this year will focus on Remembrance Day, we are planning to have all the Remembrance Day observances as part of the event. Registration forms are now available to all clubs/groups, Not for Profit organisations and businesses who wish to register as a site holder or to present an activity or entertainment. This is the ideal event to promote your organisation, recruit volunteers and encourage the over 50’s to enjoy a fuller lifestyle. We look forward to seeing everyone out and about at the event. Please contact the SRCWA office on 9492 9773 or email dawn.yates@srcwa.asn.au for further information and/or a registration form.

SRCWA ANNUAL SENIORS BALL 2020

The theme for the 2020 Annual Seniors Ball is “High Society” and it will be held in the Astral Ballroom, Crown Perth on Wednesday 16th September, 1pm to 4.30pm. A three-course afternoon tea is provided with the entertainment featuring the live band “Satin Doll” and afternoon floorshow, tickets cost \$38.00pp. There will be a door prize and other prizes donated by Crown Perth and Have a Go News. To book your tickets or for further information call 9492 9773.

This event is proudly sponsored by Crown Perth & Have a Go News.

Dawn Yates

SRCWA Executive Officer.

For details of events and programs run by Seniors Recreation Council of WA visit our website www.srcwa.asn.au